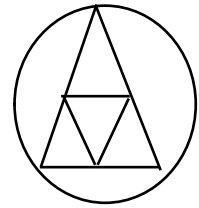


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MESSAGE

HEALTH AND WELLNESS

Diabetes mellitus affects the body in many ways. It affects the vascular system, heart, kidneys, nerves and eyes. In regard to the eyes, it causes the growth of abnormal retinal blood vessels. These blood vessels often rupture or leak causing hemorrhages and/or swelling in the retina resulting in poor vision. Scar tissue often develops subsequently causing permanent damage. therefore it is important for persons with diabetes to have annual eye exams.

George G. Walker, M.D.
102 West Lampkin Street
Starkville, MS